

Mill Lane Community Primary School

Forest School

**Food and Drink Policy**

This documentation runs alongside the relevant whole school policies which can be viewed in full at <http://www.mill-lane.oxon.sch.uk/website/policies/3739>

At Mill Lane Forest School we regard snack as an important part of the session. Eating represents a social time for children and adults and helps children to learn about healthy eating. We aim to provide nutritious food, which meets the children’s individual dietary needs. Before a child attends forest school, we will use their medical records to find their dietary needs, including any allergies and religious requirements and use this information to provide snacks. All staff and volunteers will be fully informed about individual children’s dietary needs. Children will receive only food and drink which is consistent with their dietary needs, religious requirements and their parents’ wishes.

We have fresh drinking water constantly available for the children. We inform the children about how to obtain the water and that they can ask for water at any time during the session/day.

Reviewed: September 2018

Next Review: September 2019