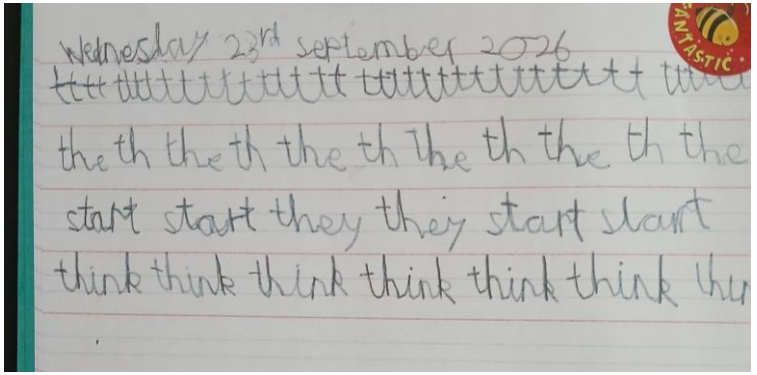
Weekly Newsletter – 25th September 2026

Wow! I cannot believe we are halfway through the term already. We have had sports workshops (climbing and skateboarding), a Year 2 wow day where they made castles and all the children have been busy working hard. Over the next few weeks, we have our annual harvest festival on 14th October at 9am, Year 2 and 6 have class trips and the MLSA Halloween disco takes place on Friday 16th October.



Artwork from Year 1



Year 4 Handwriting


Year 3 Artwork

Stars of the Week

The 'Stars of the Week' are:

Y1: Harry Hambridge, Sophia O'Donnell
Y2: Jayden Kent, Sophia Fox
Y3: Sydney Bragger, Myles Tucker
Y4: Nolan Turnbull, Emily Marsden
Y5: Amelia Keep, Oliver Boyle
Y6: Florence Hathaway, George Eaglestone



Pen licence: Children who have made a real effort with their handwriting and shown improvement consistency in style when using a pencil are awarded their pen licence. These children have received their pen licence this week:
Year 6: Sofia Lofty and Josh Wilson.



Dates For Your Diary

Here are the date for the rest of the term and also term 2:

Term 1

Thursday 1st October: 8.40am – 10am LWS open morning for Year 6
Friday 2nd October: INSET day – school closed
Monday 5th October: First aid workshops
Tuesday 6th October: 6pm – 8pm LWS Year 6 open evening
Wednesday 7th October: Year 2 trip to Oxford story museum
Wednesday 7th October: Year 6 trip to Oxford Castle
Wednesday 14th October: 9am Harvest festival celebrations
Friday 16th October: Halloween Disco
Friday 23rd October: Flu vaccines
Monday 20th to Friday 23rd October: Arts & Culture week
Thursday 22nd October: School photographs
Friday 23rd October: Last day of term

Term 2

Monday 2nd November: Children return to school
Friday 6th November: 6pm MLSA fireworks night
Monday 9th November: Start of antibullying week
Friday 13th November: Mufti for Children in Need
Wednesday 2nd December: 3.30pm – 6pm open evening to come and see your child's work
Monday 7th December: Termly report card goes out
Wednesday 9th December: 10am KS1 Christmas performance dress rehearsal
Wednesday 9th December: 3.15pm to 8.30pm Parents evening
Thursday 10th December: School trip to Panto – Sleeping Beauty (Aylesbury)
Friday 11th December: 9.30am Nursery Christmas performance
2pm KS1 Christmas performance
Monday 14th December: 10am Reception Christmas Performance Dress rehearsal
Tuesday 15th December: 2pm Reception Class Christmas performance
Wednesday 16th December: Christmas dinner and Christmas jumper day
5.30pm KS2 Christmas concert
Friday 18th December: 1pm Celebration assembly
1.45pm Last day of term: Early closing (no after school club)

Don't forget it is an INSET day on Friday 2nd October. Mrs Hipwell and Mrs Worley are running a holiday club on this day.

Weekly Helpful Tip

Smoother Bedtimes

For **5- to 11-year-olds**, the recommended amount of sleep is **9 to 11 hours per night**. Sleep challenges are often driven by academic stress, screen time, busy extracurricular schedules, and natural boundary-testing.

Strategies to Try

Set a firm bedtime: Calculate bedtime by counting backward 10 to 11 hours from when they need to wake up for school and stick to this time even on weekends.

Enforce a digital curfew: Collect all smartphones, tablets, and gaming controllers **at least 60 minutes before bed**, charging them outside the bedroom.

Keep bedrooms tech-free: Remove televisions and computers from the bedroom entirely to prevent late-night viewing and blue-light exposure.

Create a "worry brain dump": If school stress or anxiety keeps them awake, have them spend 5 minutes writing or drawing their worries in a journal before starting their bedtime routine.

Limit evening caffeine: Avoid giving them soda, energy drinks, or chocolate in the afternoon and evening.

Establish a 30-minute wind-down: Transition from active play or homework to quiet activities like reading a physical book, listening to calm music, or doing light stretching.